



# Sovereign

# User Instructions

**Sovereign User Information**  
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**Introduction to the Sovereign chair**

**What is the Sovereign?**

This elegant chair provides a versatile solution for people requiring extra postural support when sitting.

It is ideal for use by ambulant and semi-ambulant individuals, especially those able to push up from their sitting position. Providing comfort and support with ease of mobility, the Sovereign benefits users and carers alike.

The Sovereign has been designed to provide a tailorable seating solution for individual users offering excellent postural support with a choice of interchangeable back cushions and seat modules.

## Introduction to the Sovereign chair

### Why is there a need for this type of chair?

The ability of a seated person to function efficiently and perform activities depends on their ability to adopt the appropriate posture. All activity is posture dependent. If a person cannot move or has problems adjusting their posture, it may be necessary to use seating to try to provide externally what is limited internally.

Tailoring the Sovereign for each individual is made possible with a range of interchangeable back cushions and seat modules and adapting the seat length will provide a unique, bespoke chair.

### Who should consider using the Sovereign?

Designed for those seated for long periods; semi-ambulant users who require excellent postural support. The Sovereign can be used in a variety of different environments including nursing homes, domestic environments and hospices for those with moderate to severe seating difficulties.

## Sovereign Product Information

The following are available as options at the time of manufacture.

### Options

- Angled seat (incorporating standard or narrow seat module)
- Tailorable seat length
- Interchangeable back cushions
- Four seat modules available
- Two back cushions available (foam or dacron)
- Standard and narrow versions available
- 75mm wheels (back two braked)

## Accessories

- Loose covers
- Sliding footrest
- Legrest
- Laminated tray with velcro

## Questions and Concerns

Should you experience any difficulties or have any concerns regarding the initial purchase or subsequently adjusting the Sovereign chair or have any concerns regarding its use or operation then immediately contact either your Kirton representative, distributor or our Customer Services Team on **Freephone 0800 212709** or **+44 (0) 1440 705352**, they will be delighted to help you.

## Guidelines for Best Practice

To ensure good practice when considering purchasing a Sovereign chair and effective use post purchase we advise that the following guidelines are considered:

1. Seek advice and input from a qualified therapist/professional and/or Kirton representative/distributor at the initial prescription of the chair.
2. If unsure when ordering the chair and any accessories contact either the therapist involved or your Kirton representative or distributor or our Customer Services Team on **Freephone 0800 212709** or **+44 (0) 1440 705352** to discuss further.
3. It is recommended that following receipt of the chair all staff members that will be supervising the user(s) should be trained in adjusting the chair to ensure it is adjusted safely and correct positioning is maintained for the benefit of the user. This is of particular importance where the chair is to be used by several different users.
4. Users of the Sovereign should be supervised and checked regularly to ensure their most appropriate position is maintained in the chair.



## The User Instructions

The purpose of the following user instructions is to provide a guide on how to utilise, adjust and maintain the Sovereign chair.

These instructions should be read by all those involved with the supervision of the user and/or the care of the chair before use.

Please retain these instructions with the Care and Maintenance card enclosed for future reference.

## Using the Sovereign Chair

The Sovereign chairs are manufactured to a standard pattern with or without accessories.

Ideally all options and accessories should be ordered at the time of manufacture, this is essential if D-Rings for lap-belts and pelvic positioners are needed as well as laminated trays with velcro as these cannot be added post purchase.

The user should **always** sit down gently into the chair. The arms are strong enough to push on to raise to standing but the arms should not be sat on.

## Wheels

The Sovereign is fitted with 75mm wheels that are braked at the rear of the chair.

- To **apply** the brakes, press down on the front edge of the ridged area on each wheel. The brakes should be applied during all transfer operations and when the chair is stationary.
- To **unlock** the brakes, push down the top edge of the ridged area on each wheel until it is level with the rest of the wheel.
- Always check the wheels are **not** locked before moving the chair.

## Optional Accessories

### Sliding Footrest

The sliding footrest (on chairs fitted with castors) is designed to support the user's feet when moving the occupied chair. It is also useful for users where the seat height may be too high.

- To **use**, pull the footrest forward fully.

#### To retract:

- **Push** the footrest back fully, before transferring to or from the chair.

**Do not stand or place undue weight on the footrest.**

### Tray

A large laminated tray, ideal for various activities, sits across the arms and is held securely in place by velcro, fitted to the arms of the chair.

- To **attach** the tray, position it with sufficient space between it and the user, ensuring movement is not restricted.
- When the desired, comfortable position is achieved, attach the tray to the velcro.



## Lap-Belt

The Lap-Belt helps to position the user in the back of the chair. It is essential that the fixings for the Lap-Belt be fitted at time of manufacture as these cannot be added post purchase.



**NOTE: Please refer to Lap-Belt User Instructions enclosed for further information.**

## Care and Maintenance

For recommended care, cleaning and maintenance, please refer to the care and maintenance guidelines enclosed with your chair and the care label fixed to the chair.

### General Care

- Wash and clean as per the instructions supplied.
- Wipe down framework with soapy water and a soft cloth.
- Check castors regularly for build up of fluff and dirt particles.
- Cleaning with scouring pads is not advised.

### Cleaning Instructions for Chieftain Vinyl

- Clean with a damp soapy cloth and rinse well with clean water. A soft brush can be used for heavy soiling.
- Do not use solvents, bleaches, abrasives, synthetic detergents, wax polishes or aerosol sprays.

### Loose Covers

- It is recommended that the loose covers provided with the Sovereign are washed at 40 °C.

## Helpline

Should you have any concerns either pre or post purchase of the chair contact our Customer Services Team on **Freephone 0800 212709** or from outside the UK **+44 (0) 1440 705352** to discuss further. Alternatively, if you purchased your chair from a Kirton distributor in the first instance please contact your point of reference there.

If your call concerns a specific seating product or item of furniture please have ready your sales order number before you telephone. This can be located on the base of each chair and helps us identify your details and deal with your enquiry efficiently.

## Potential Risks, Cautions & Warnings

- The user is at risk if the Sovereign is not properly specified and adjusted to their particular requirements.
- **Do not** stand on the sliding footrest (if applicable) as this may cause the chair to become unstable and tip forwards.
- **Always** retract the sliding footrest (if applicable) before allowing the user to stand up from the chair.
- **Do not** try moving the chair without first ensuring that all wheels are unlocked.
- This chair should be moved unoccupied over any significant distance. For a small movement, if occupied ensure the sliding footrest is in place.
- **Do not** sit on the arms of the chair as this may exert undue pressure on the structure of the chair over time and cause damage to the covering. It may also make the stability of the chair unsafe.
- If a legrest has been accessorised with the chair, **do not** allow it to be used as a seat.
- Users should be **regularly** checked and supervised when in the chair to mitigate the user moving or sliding into an inappropriate position.
- If using a lap-belt or pelvic positioner ensure the user is regularly supervised to avoid moving into an inappropriate position.
- Care should be taken not to over tighten the lap-belt or pelvic positioner in order to reduce harm to the user.



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